

Mission #1
 Take time to look for your favorite color as you go about your day. Look for all its shades & hues. Notice the shape it takes. Record your findings. Take note of how you feel when you spot it. Observe & prepare the feelings of rise in your body.

Mission #2
 Create an art piece using the color variations you saw. Get creative with it. Don't stick to what's comfortable. Get lost in it. Record your feelings & the sensations that name do while working.

Mission #3
 Create a map of the terrain of your wild artist heart. This can be as expansive or abstract as you wish. Include colors. Include shapes. Include textures. Whatever calls to you. They give if a name.

Mission #4
 Create your iridescent explorations avatar. Think video games. Choose your character. Include qualities, hopes, dreams, aspirations. Create a physical representation of them.

A Poem
 The Artist's Longing

I want art I can grip in my hands
 Textures that light up all the senses of my being...
 That exhilarating sound that makes me sigh in ecstasias I turn the page

An incantation for making
 MAY MY MANTLE NEVER RUN DRY
 MAY MY EPHEMERA ALWAYS LIGHT THE LUMINOUS SPARKS OF INSPIRATION
 May we always feel that little tug to the altar of the page
 May these marks reflect all the mess & beauty that reside within me

SHARMOTH PRESS PRESENTS:
 Iridescent Explorations
 PROMPTS AND INCANTATIONS for your wild artist heart

What special powers do they have?
 Do they have any comparisons?
 What are they sensitive to and what are their strengths?
 What is their name?
 If you choose to share your creations on IG, please use #iridescentexplorations
 Also tag me @sharmothpress